

Check-up for TB Patients

I was told that my treatment had completed. No more need to worry?

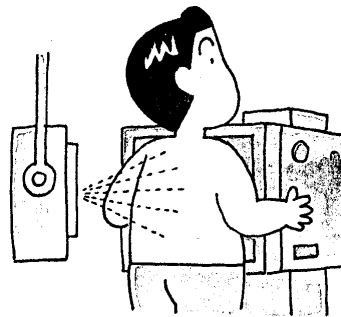
It is rare to redevelop the disease once treatment has been completed under a doctor's supervision. However, certain focus often remains on chest Xrays of ex-TB patients and it normally takes one to two years until conditions stabilize.

It all depends on your condition and until your treatment period, but you will normally be required to have check-ups once or twice a year.

What is the content of the check-up?

The check-up contains:

- Consultation of asking your health condition
- Medical examination
- Chest X-ray
- Sputum test only when symptoms exist



I could forget to go for a check-up if I feel all right.

A notice will be sent by your registered Health Center when your check-up period approaches. The check-up is free of charge if taken at the Health Center.

It is also possible to have a check-up at the medical institutions you usually use, but you will be charged for it.

Do I need a check-up at the Health Center while I have a check-up elsewhere such as my workplace?

If you take a chest Xray at another checkup like your workplace ' s, you will only have to inform of the result and there is no need for another checkup at the Health Center. However, please make sure that you contact the Health Center as they will be able to discuss about your result in detail, for example comparing the X-ray photograph with the previous one to judge whether the remaining focus has stabilized, or give you some advice.

How long do I have to go for check-ups at the Health Center?

It depends on your condition and your treatment period, but you will normally be required to go for check-ups once or twice a year for one to two years after treatment has completed.

What happens after my check-ups at the Health Center has completed?

You will no longer receive periodic inquiries from the Health Center on your health conditions.

However, you are recommended, like any other person, to receive general physical examinations annually even after your check-up program has finished. You can have these examinations at your workplace, your local city/town office or Health Center.

Also, if coughing or sputum continues for more than two weeks, make sure that you take a chest X-ray or a sputum test.

